

November Menu MSAD 55 - Sacopec Valley Elementary School

Monday	Tuesday	Wednesday	Thursday	Friday
		1st Pulled Pork Sand Potato Oval Carrots Fresh Fruit	2nd Spaghetti w/Meatsauce Breadstick Tossed Salad Green Beans Mandarin Oranges	3rd National Sandwich Day Early Release Chicken Burger Lettuce & Tomatoes Oven Fries Broccoli Applesauce
6th Baked Beans Hot Dog in a Roll Cole Slaw Pineapple Chunks	7th Pizza Baby Carrots & Hummus Sliced Pears Chocolate Pudding	8th Fish Nuggets Seasoned Rice Peas Fresh Fruit	9th Chicken Parmesan Egg Noodles Broccoli Sliced Peaches	10th VETERANS DAY NO SCHOOL
13th Hamburger Oven Fries Chuckwagon Beans Orange Halves	14th French Bread Pizza Baby Carrots & Hummus Caesar Salad Sliced Pears	15th Thanksgiving Celebration Turkey & Gravy, Roll Mashed Potato Butternut Squash Cranberry Sauce Blueberry Crisp	16th Mac & Cheese Breadstick Tossed Salad Green Beans Fresh Fruit	17th Early Release Popcorn Chicken Seasoned Brown Rice Broccoli Mandarin Oranges
20th Chicken Tenders Dinner Roll Oven Fries Beets Sliced Peaches	21st Pizza Baby Peas Tangy Coleslaw Pineapple Chunks	ALTERNATIVE CHOICE: 1-3rd - Sunbutter & J Sandwiches 6-9th - Ham & Cheese Sandwiches 13-17th - Tuna Salad Sandwiches 20-30th Sunbutter & J Sandwiches Maine Dept of Education & USDA are equal opportunity providers and employers		
27th Beef Taco Brown Rice, Salsa Mexican Beans & Corn Melon Slice	28th Pizza Green Beans Spinach Salad Sliced Peaches	29th Italian Sandwich Veggie Bar Broccolislaw Pineapple Chunks	30th Ravioli & Breadstick Carrots Tossed Salad Fresh Fruit	Meal Prices: Breakfast \$1 paid, free for reduced, \$1.50 for adult Lunch \$2.50 paid & \$.40 for reduced, \$3.50 for adult

BREAKFAST CHOICE served with fruit, juice and milk

Monday	Tuesday	Wednesday	Thursday	Friday
Choc Chip Oatmeal Bar	Mini Pancakes	Yogurt & Muffin	Breakfast Pizza	Bagels & Spread

Choice of white or chocolate milk available daily. MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE
 Any questions or concerns please contact Mary Emerson at 625-2490 EXT 143 or via email at memerson@sad55.org