

## Aug-Sept 17 Menu MSAD 55

### Sacoee Valley Gluten Free (GF)

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Teacher Workshop No School</b>	29 <sup>th</sup> <small>Grades Pre-K, K, 4 &amp; 9 ONLY</small> <b>GF Pizza Baby Carrots &amp; Hummus Fresh Fruit Choice</b>	30 <sup>th</sup> <small>All Students</small> <b>Salad Bar GF Roll Strawberries GF Chocolate Pudding Cup</b>	31 <sup>st</sup> <b>GF Chicken Parmesan GF Pasta Green Beans Fresh Fruit</b>	<b>1<sup>st</sup>  No School</b>
<b>Labor Day No School</b>	5 <sup>th</sup> <b>GF Pizza Baby Peas Grape Tomato Salad Orange Halves</b>	6 <sup>th</sup> <b>Scrambled Eggs Salsa &amp; Veggie Bar Hash Brown Potatoes Fresh Melon Slice</b>	7 <sup>th</sup> <b>GF Pasta &amp; Meatsauce Roll &amp; Broccoli Applesauce</b>	8 <sup>th</sup> <b>GF Chicken Nuggets Oven Fries Green Beans Sliced Peaches</b>
11 <sup>th</sup> <b>GF Beef Taco Brown Rice, Veggie Bar, Refried Beans, Fresh Fruit</b>	12 <sup>th</sup> <b>GF Pizza Green Beans GF Spinach Salad Sliced Peaches</b>	13 <sup>th</sup> <b>GF Italian Sandwich Veggie Bar Black Bean &amp; Corn Salad Pineapple Chunks</b>	14 <sup>th</sup> <b>GF Pasta &amp; Meatsauce Steamed Broccoli GF Tossed Salad Fresh Fruit</b>	15 <sup>th</sup> <small>EARLY RELEASE 55 AT 1 PM</small> <b>GF Chicken Patty Sand GF Potato Baby Carrots &amp; Hummus Fruit Cocktail</b>
18 <sup>th</sup> <b>GF Hamburger Oven Fries GF Beans Orange Halves</b>	19 <sup>th</sup> <b>GF Pizza Sweet Corn GF Tossed Salad Banana</b>	20 <sup>th</sup> <b>GF Chicken Parmesan Mashed Potatoes Peas Sliced Peaches</b>	21 <sup>st</sup> <b>GF Pasta &amp; Meatsauce Green Beans Pineapple Tidbits</b>	22 <sup>nd</sup> <b>GF Chicken Nuggets Seasoned Brown Rice Broccoli Mandarin Oranges</b>
25 <sup>th</sup> <b>Hot Ham &amp; Cheese on GF Roll GF Baked Beans GF Coleslaw Sliced Pears</b>	26 <sup>th</sup> <b>GF Pizza Baby Carrots &amp; Hummus Tossed Salad Fresh Fruit</b>	27 <sup>th</sup> <b>GF Chicken Tacos Brown Rice Corn Pineapple Tidbits</b>	28 <sup>th</sup> <b>GF Mac &amp; Cheese GF Bread Broccoli Applesauce</b>	29 <sup>th</sup> <small>EARLY RELEASE 55 AT 1 PM</small> <b>GF Chicken Patty Sand GF Oven Fries Green Beans Sliced Peaches</b>

Alternative Choices - Choice of Sandwich or Specialty Salad of the Day - Please notify in the Morning

Breakfast Choice of Gluten-Free Cereal served with fruit, juice and milk

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

Maine Department of Education and USDA are equal opportunity providers and employers

Any questions or concerns please contact Mary Emerson at 625-2490 EXT 143 or via email at [memerson@sad55.org](mailto:memerson@sad55.org)

Meal Prices: Breakfast \$1 Elementary & SVMS, \$1.25 at SVHS Lunch \$2.50 Elementary & SVMS, \$2.75 at SVHS