


Sacopec Valley Gluten Free Menu May, 2018 Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 st GF Pizza Sweet Corn GF Spinach Salad Fresh Fruit	2 nd Chef Choice	3 rd GF Pasta & GF Meatsauce Beets Fresh Fruit	4 th GF Chicken Nuggets GF Sweet Potato Tots Green Beans Sliced Peaches
7 th Cinco de Mayo on May 5 th GF Tacos Brown Rice, Salsa Mexican Beans Melon Slice	8 th GF Pizza Baby Peas Orange Halves	9 th GF Italian Sandwich Veggie Bar Baby Carrots & Hummus Pineapple Chunks	10 th GF Pasta & GF Meatsauce Spaghetti Broccoli Tossed Salad Applesauce	11 th GF Chicken Patty Sandwich on GF Roll GF Potato Wedges Baby Carrots & Hummus Strawberries
14 th GF Cheeseburgers on GF Roll Oven Fries Chuckwagon Beans Orange Halves	15 th GF Pizza Steamed Carrots GF Spinach Salad Sliced Peaches	16 th GF Egg & Sausage Sandwich on GF Roll Salsa & Dragon Punch GF Hash Brown Potatoes Fresh Melon Slice	17 th GF Pasta & GF Meatsauce Green Beans Strawberries	18 th GF Chicken Sandwich on GF Roll Onions & Peppers Sweet Kernel Corn Pineapple Chunks
21 st GF Pulled Pork on GF Roll Baked Beans Coleslaw Fresh Fruit	22 nd GF Pizza Green Beans Caesar Salad Pineapple Chunks	23 rd GF Nachos w/Taco Chicken Salsa, Lettuce, Tomatoes, & Mexican Beans Strawberries	24 th GF Pasta & GF Meatsauce Broccoli Tossed Salad Fresh Fruit	25 th <small>EARLY RELEASE 55 at 11:30</small> GF Chicken Nuggets GF Potato Wedges Baby Carrots Sliced Peaches
28 th Memorial Day No School	29 th GF Pizza Baby Carrots & Hummus Applesauce GF Choc Pudding Cup	30 th Chef Choice	31 st GF Pasta & GF Meatsauce Steamed Broccoli Sliced Peaches	Meal Prices: Breakfast \$1 Elementary & SVMS, \$1.25 at SVHS Lunch \$2.50 Elementary & SVMS, \$2.75 at SVHS

Alternative Choice of Sandwich of the Day or Salad of the Day

BREAKFAST CHOICE of Gluten Free Cereal or GF Muffin offering served with fruit, juice and milk

Choice of white or chocolate milk available daily. MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE

Any questions or concerns please contact Mary Emerson at 625-2490 EXT 1143 or via email at memerson@sad55.org

This institution is an equal opportunity provider

